

# Keeping safe

While drivers should take care to look out for cyclists, there are also many things cyclists can do to make themselves more visible.

## Flag

As it is higher-placed than bicycle lights, it is more visible to heavy vehicles. Its bright colour and constant movement also catch the attention of motorists.

## BY LAW

### Red rear light or reflector

Bicycles must have a rear red light or red reflector when it is dark.



### Side light

Some cyclists choose to have side lights at night for extra visibility.

## Helmet and lights

Wearing a helmet can protect cyclists in minor accidents. Helmet lights can improve visibility, especially at junctions, when cyclists turn their head to look in the direction they intend to go.

## ID tag

Some cyclists wear an ID tag with details such as their blood type and next-of-kin contact number, in case of an accident.



## BY LAW

### Front light

Bicycles must have a lamp, showing a white light, when it is dark.



## Brightly-coloured clothes

Wearing white or bright colours, even in the day, makes cyclists more visible to drivers. Reflective high-visibility vests are especially useful at night. If carrying a raincoat, make sure it is also brightly-coloured or made of reflective material.

